



The Atlanta Center for Restorative Dentistry

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Atlanta, GA 30342

(404) 252-2125

Pre-operative Consultation Support

A pre-operative consultation and a health history review is mandatory for patients undergoing anesthesia for surgery.

Please alert the office if you have any medical condition as it may be of concern prior to treatment (e.g., heart murmur, diabetes, high blood pressure, artificial heart valves and joints, rheumatic fever, etc.), if you have taken or are taking weight-loss medication, or if you are taking any medication (e.g., heart medications, aspirin, anticoagulant therapy, etc.)

Abiding by the pre-operative instructions is important for your safety and should be followed carefully. Failure to comply could result in a delay or even cancellation of the surgery. If you have any questions or are confused about the instructions, please call us.

Pre-operative Instructions

1. If general anesthesia is required for your procedure, it is important that you not eat or drink after midnight before the day of surgery. Your stomach should be completely empty. Also, it is required that you be accompanied by a responsible adult who will remain in the office during the entire procedure and drive you home. This applies to all patients, including those over 18.
2. This is NOT necessary if your procedure requires only local anesthesia. In fact, having some food in your stomach and being well hydrated can help prevent nausea.
3. Wear comfortable, loose-fitting clothing.
4. Carefully follow all instructions given by your doctor regarding medications you are taking. It is sometimes necessary to stop taking some of your medications before surgery and your doctor will advise you about this. To avoid bleeding problems, you should not take herbal supplements, vitamin E, aspirin, or ibuprofen for one week before surgery unless advised to keep taking them by your doctor.
5. Please refrain from smoking prior to your surgery. Consider quitting permanently. Smoking compromises the success of any dental procedure.

If you have any questions or concerns, please don't hesitate to call us. We're always available!